

A message from John at Walton Parish Nursing.....

I hope you are still well and coping with our enforced incarceration.

It would have been No Labels today so I have been phoning as many of those who attend as possible. No major problems so far and they all appreciated a call.

I wanted to encourage you all so I am including a psalm for us to meditate on :-

Psalm 91

1

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty.

2

I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

3

Surely he will save you from the fowler's snare and from the deadly pestilence.

4

He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.

5

You will not fear the terror of night, nor the arrow that flies by day,

6

nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

7

A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

8

You will only observe with your eyes and see the punishment of the wicked.

9

If you make the Most High your dwelling-- even the LORD, who is my refuge--

10

then no harm will befall you, no disaster will come near your tent.

11

For he will command his angels concerning you to guard you in all your ways;

12

they will lift you up in their hands, so that you will not strike your foot against a stone.

13

You will tread upon the lion and the cobra; you will trample the great lion and the serpent.

14

"Because he loves me," says the LORD, "I will rescue him; I will protect him, for he acknowledges my name.

15

He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.

16

With long life will I satisfy him and show him my salvation."

Praying that you will know the peace of Christ,
John.